

The client gives consent to Coalesce Discovery dba (Spiral Health and Fitness, LLC) to provide health education and lifestyle behavior coaching. The client understands that Marni Henderson, B.S./Coalesce Discovery is a licensed health educator, Whole Health Educator® and Life Reentry Practitioner®. **Marni Henderson is not a physician, psychologist or mental health professional, and the scope of her professional consultation services does not include treatment or diagnosis of specific illnesses or disorders.** If you, the client, suspect you may have an ailment or illness that may require medical attention, you are encouraged to consult with a licensed physician or medical professional without delay. Any mention of drugs/treatment in the course of consultation is only for the purpose of providing a complete history of drugs/treatment that the client is taking and not for Coalesce Discovery to judge the appropriateness of the medication. Any change in prescription, treatment or dosage is a decision the client makes with his or her physician or medical professional.

It is the client's responsibility to provide complete and accurate information. Any misrepresented information is the client's responsibility entirely and Coalesce Discovery will not be liable. All personal information the client shares with Coalesce Discovery will be kept strictly confidential, unless the client consents to sharing it.

The services provided by Coalesce Discovery are intended to help the client meet his/ her health and wellness goals and may complement the care of other healthcare providers but are not a substitute for medical care. It is the client's responsibility to decide which lifestyle changes to follow and to discuss any potential risks and benefits of these changes with Coalesce Discovery and the client's other healthcare provider(s). It is important that the client keep the other member(s) of his/her healthcare team informed of any changes to the client's health program as a result of working with Coalesce Discovery as well. The client understands that Coalesce Discovery does not have control over how he/she may use the information provided and, therefore, Coalesce Discovery will not be held responsible for the client's actions.

The client hereby affirms consent and agreement to the above statements set forth in this form and agrees to partake in the service(s) and/or program purchased with Coalesce Discovery by his/her own free will. You acknowledge that you have carefully read this waiver and release and fully understand that it is a release of liability, express assumption of risk and indemnity agreement.

Print Client Name: _____ Date: _____

Client Signature: _____

Emergency Contact: _____ Phone: _____